



# Raising awareness of secondary prevention of PSR

## Identifying psychosocial risks in the workplace and managing them

### Objectives:

- Knowing your role and legal responsibility in relation to RPS
- Know who to contact in an RPS situation
- Identify the weak points to be taken into account when assessing risks
- Implement protective factors and limit risk factors
- How to conduct an investigative interview
- Sharing participants' real-life situations and benefiting from collective intelligence to develop responses

### Contents:

**PSR and QWL: what are they?** (Definition, legislative point)

**The different types of prevention** (Primary, secondary, tertiary)

#### The main factors of PSR

- Organisational (organisation, workload, etc.)
- Relational (quality of management, recognition of individuals, etc.)

**Weak clues to watch out for**

**Tools to promote a managerial role that 'protects' against PSR**  
(Investigative interview, listening, framing, alerting, etc.)

**Sharing experiences**

**Reflect on your role and work together to find solutions**

**Duration:** 2 days

**Public and prerequisites:** All audiences - no prerequisites

**Price:** Upon request

### Quilotoa learning method:

Based on theatrical techniques, active and practical, it aims to give each participant the autonomy that is essential for lasting progress. Theoretical points of reference, passed on interactively, complement the practical exercises to help participants grasp the material.

### Assessment:

**Ongoing assessment:** as the course progresses, during the various simulations.

**At the end of the course:** on a summary exercise.

**After the course:** via an online form.

### People with disabilities:

Our head office welcomes people with reduced mobility.

For further information, please contact our disability officer :  
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